

## LOCATIONS THROUGHOUT MO

### **Area 1:**

**Armory:** 301 N Woodbine Rd. - St. Joseph, MO 64506  
O:(816)390-8693 x15402 & C:(816)565-3400

**Wing:** 705 Memorial Dr. Rosecrans- St. Joseph, MO 64507  
O:(816)236-3939 x15402 & C:(816)390-2777

### **Area 2:**

**Armory:** 7600 Ozark Rd. - Kansas City, MO 64121  
O:(816)922-5000 x35106 & C:(573)301-4565

### **Area 3:**

**Armory:** 2000 W. 32<sup>nd</sup> St. - Joplin, MO 64804  
O:(417)624-0722 x13132 & C:(417)430-5199

### **Area 4:**

**Armory:** 1400 N. Fremont Ave. - Springfield, MO 65802  
O:(417)868-6024 x36024 & C:(417)425-3452

### **Area 5:**

**Armory:** 8133 Iowa Ave. Bldg. 986 - Ft. Leonard Wood, MO 65473  
O:(573)329-9000 x39027 & C:(573)508-2878

### **Area 6:**

**Armory:** 2626 Independence St. - Cape Girardeau, MO 63703  
O:(573)339-6206 x16206 & C:(573)508-8656

### **Area 7:**

**Armory:** 24 Davis St. - Jefferson Barracks, MO 63125  
O:(314)416-6638 x36638 & C:(636)535-7333

### **Area 8:**

**Armory:** 11955 Natural Bridge Rd. - Bridgeton, MO 63044  
O:(314)832-1158 x13008 & C:(314)914-9328

### **Area 9:**

**Armory:** 801 Armory Dr. - Jefferson City, MO 65109  
O:(573)659-1600 x31626 & C:(573)489-7463

### **Area 10:**

**Armory:** 1616 S. Missouri St. - Macon, MO 63552  
O:(660)385-1167 x13716 & C:(573)529-6312

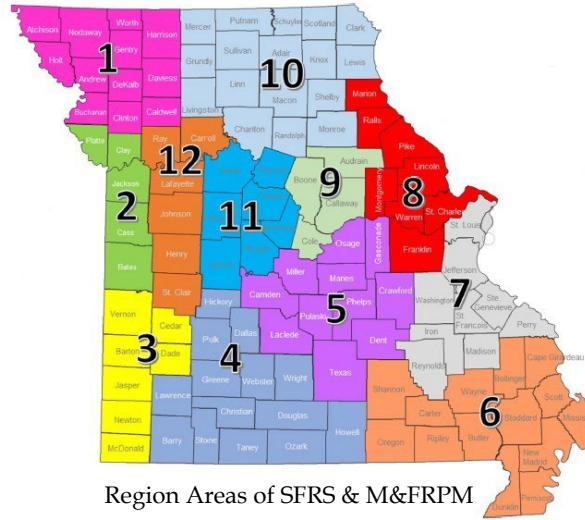
### **Area 11:**

**Armory:** 2001 Clarendon Rd. - Sedalia, MO 65301  
O:(816)559-4100 x34022 & C:(660)351-5877

### **Area 12:**

**Armory:** 408 S. 26<sup>th</sup> St. - Lexington, MO 64067  
O:(660)259-4262 x13620 & C:(660)351-5659

**Wing:** 750 Arnold Ave Whiteman AFB, MO 65305  
O:(660)687-7132 & C:(660)687-7929



Region Areas of SFRS & M&FRPM

## AIR FORCE M&FRPM

**Senior M&FRPM** 705 Memorial Dr.  
Rosecrans Memorial - St. Joseph, MO 64507  
O:(816)236-3939 x15402 & C:(816)390-2777

## ARMY SFRS

**Lead SFRS:** 2405 Logistics Rd.  
Jefferson City, MO 65101  
O:(573)638-9500 x37009 & C:(573)777-0972

## MONG

2302 Militia Dr.  
Jefferson City, MO 65101-1203  
(888)526-MONG (6664)  
Or  
(573)638-9500

Revised: 11 October 2023

## MISSOURI NATIONAL GUARD JOINT FAMILY SUPPORT SERVICES



MILITARY & FAMILY READINESS CENTERS  
(AIR)

&

SOLDIER & FAMILY ASSISTANCE CENTERS  
(ARMY)

Support ~ Provide ~ Guide ~ Empower  
Bringing Readiness to Airman, Soldiers  
& Their Family

Guiding & Providing families with Support to  
assist them in adjusting to the military lifestyle  
while empowering them to become successful  
Military Families.

## WHAT & WHO ARE FAMILY READINESS & SUPPORT ASSISTANCE CENTERS?

Family Readiness & Support Assistance Centers are considered “one stop resource & referral” centers for Military Members, Veterans, Retirees & Families. We are here to support and assist you with adjusting to the military lifestyle while empowering you to become a successful part of the military.

Soldier & Family Readiness Specialist (SFRS) (ARMY) and Military & Family Readiness Program Managers (M&FRPM) (AIR) work together & individually for the State of Missouri Military Members & Families to oversee the Family Readiness & Assistance Centers.

Our primary mission is to provide information, resources, outreach, referral, training & services. These services include but are not limited to: Employment & Financial Assistance, Personal & Work Life Service, Relocation Assistance, Personal Financial Readiness, Deployment Cycle Support, Exceptional Family Member Assistance, Legal Referral, Community & Military Resource Support, Transition Assistance, Information & Referral & Emergency Family Assistance & Crisis Support. Some of these services are provided by both Army & Air Force, some services are individualized.

In addition to assisting the Military Members and their families, we help support, coordinate, and manage volunteers for the Army Units & Wings. We are always actively looking for Volunteers that will assist the Military Member & their families during events and the deployment/mobilization cycle. Providing emotional support, referral, education, and information helps build a strong foundation for the Military Members readiness.



## TRI-CARE

TRI-CARE MEDICAL - West  
(844)866-9378  
[www.tricare-west.com](http://www.tricare-west.com)

TRI-CARE MEDICAL - East  
(800)444-5445  
[www.tricare-east.com](http://www.tricare-east.com)

TRI-CARE - FOR LIFE (TFL)  
(866)773-0404  
[www.tricare4u.com](http://www.tricare4u.com)

TRI-CARE - PHARMACY  
(877)363-1303  
[www.express-scripts.com](http://www.express-scripts.com)

TRI-CARE - DENTAL (TDP)  
Active Duty Dental Program (ADDP)  
For AGRs & ADOS w/ over 30-day orders  
(866)984-2337  
[www.addp-ucci.com](http://www.addp-ucci.com)

Tri-Care Dental Program (TDP)  
For M-Days & All Family Members  
(844)653-4061  
[www.uccitdp.com](http://www.uccitdp.com)

Tri-Care Retiree Dental Program  
(888)888-3337  
[www.benefeds.com](http://www.benefeds.com)

M-Days & All Family Member Vision  
(877)888-3337  
[www.benefeds.com](http://www.benefeds.com)

Retiree Vision Program  
(877)888-3337  
[www.benefeds.com](http://www.benefeds.com)



## CRISIS & EMERGENCY SERVICE

Medical Emergency  
CALL - **911**

Suicide & Crisis Helpline  
CALL/TEXT/CHAT - **988**  
**Veteran Press 1**

Sexual Assault Helpline  
MO 24/7 - **(573)694-4124**

Missouri Family Assistance Helpline  
**(573)576-2517**

## DEERS/ID CARDS

Cape Girardeau - DEERS  
(573)339-6204 x16204

Fort Leonard Wood - DEERS  
(573)339-9000 x39111

Jefferson City (ISTS) - DEERS  
(573)638-9500 x37731/37732

Kansas City- DEERS  
(816)922-5033 x35121

Lexington - DEERS  
(660)259-7731 x13623

Maryville - DEERS  
(573)638-9500 x16016

St. Joseph - DEERS  
(816)236-3330

St. Louis-Jefferson BK - DEERS  
(314)416-6619 x36619

Springfield - DEERS  
(573)638-9500 x36046